



PE

Curriculum Expectations

Engage	Activate		
EYFS Expectations	Key Stage 1 NC Expectations	Key Stage 2 NC Expectations	Key Stage 3 + NC Expectations
<p>Physical Development ELG Pupils should be taught to:</p> <ul style="list-style-type: none"> Negotiate space and obstacles safely, with consideration for themselves and others; Demonstrate strength, balance and coordination when playing; Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. <p>Fine Motor Skills Specific for learning</p>	<p>Pupils should be taught to:</p> <ul style="list-style-type: none"> master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities participate in team games, developing simple tactics for attacking and defending perform dances using simple movement patterns. 	<p>Pupils should be taught to:</p> <ul style="list-style-type: none"> use running, jumping, throwing and catching in isolation and in combination play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending develop flexibility, strength, technique, control and balance perform dances using a range of movement patterns take part in outdoor and adventurous activity challenges both individually and within a team compare their performances with previous ones and demonstrate improvement to achieve their personal best. <p>Swimming and water safety</p> <p>Pupils should be taught to:</p> <ul style="list-style-type: none"> swim competently, confidently and proficiently over a distance of at least 25 metres use a range of strokes effectively perform safe self-rescue in different water-based situations. 	<p>Pupils should be taught to:</p> <ul style="list-style-type: none"> use a range of tactics and strategies to overcome opponents in direct competition through team and individual games develop their technique and improve their performance in other competitive sports perform dances using advanced dance techniques within a range of dance styles and forms take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best take part in competitive sports and activities outside school through community links or sports clubs.

Intent

Our PE curriculum is developed from the Jasmine- Real PE, Real Gym, Real Dance and Real Foundations package. We chose this package as it specifically supports a broader development of skills: personal, social, cognitive, creative, physical and health and fitness development. All staff have had training to aid the delivery of the package and use interactive software to support in the quality of the delivery for our pupils.

Implementation

PE will be taught through engaging, motivating and progressive units across the school. PE lessons will:

- ❖ Be motivational and accessible to all pupils
- ❖ Focus on personal progress and development
- ❖ Be lead by all adults in the class
- ❖ Use interactive resources to support the delivery
- ❖ Use minimal resources to aid focus and engagement
- ❖ Reflect on the progress and recognition of progress

Impact

To evidence that our pupils can do more and know more in PE we will:

- ✓ Collate evidence to monitor progress
- ✓ Interview pupils
- ✓ Monitor teaching
- ✓ Review schemes of work
- ✓ Follow achievements through progression skills maps
- ✓ Use personal best pupil records